

# SCREEN FREE ACTIVITIES

Have you tried...

Coloring/Painting

Reading

Stickers

Balloons

Helping in kitchen

Helping with laundry

Pretend play

Build sensory play activity bags

Cardboard boxes and sticks

Play outside

Old gadgets

Baking together/ play with dough and cookie cutters

Water play

Music and dance

Cardboard box doll house

Wash toys together

Singing songs

Go to the market together

Play hide and seek in the house

Matching objects

Find a local library

Story telling

Lego sets/ building blocks

Trampoline

Cycle/ Ride Toys

Puzzles

Build a pillow fortress

Tool Box